

agricultural and manufacturing districts, and about half-a-dozen pages of useful memoranda, followed by various recipes. The notes on Nursing are quite out of place in a book of this nature.

Work and Leisure. (Mr. F. Kirby, 17, Bouverie Street, E.C.) Monthly, threepence. This unpretending little magazine seems to us one of the best, if not the best, devoted to women's interests. There are two thoroughly practical papers, one (of a series) on garden work, the other on keeping fowls, both treated with regard to the double object of pleasure and profit.

Letters to the Editor.

CAPS FOR CHICAGO.

To the Editor of "The Nursing Record."

SIR,—It has been proposed that the caps worn by the Nurses in leading English Hospitals should be exhibited at the Chicago Exhibition. I would therefore ask your permission to state, in your widely-read journal, that I shall be pleased to receive specimens of such caps from any Nurse who chooses to send one. Any one that is considered suitable for exhibition will bear the name of the Hospital at which it is adopted, and also the name of the Nurse who made it. And I shall be glad to give a prize of £1 for the best, and 10s. for the second best cap sent to 20, Upper Wimpole Street, London, W., by December 1st. Each must be accompanied by the full name and address of the sender.—I am, Sir, yours faithfully,

ETHEL GORDON FENWICK.

[We greatly regret that, by some accident, Mrs. Bedford Fenwick's letter which we received, and alluded to in our issue of July 7th, was mislaid, and we were unable to obtain a copy of it from Mrs. Fenwick in time for insertion in our last issue. We must express our great regret for the delay which has consequently occurred.—ED.]

AN EIGHT HOURS' DAY.

To the Editor of "The Nursing Record."

SIR,—I have read Justitia's letter with much surprise, and can hardly imagine a practical Nurse writing such a letter. Unless she will confess that she knows nothing about the subject, she certainly ought to give us a scheme of working which will, at the same time, enable the patients to be attended to, and give the Nurses only eight hours in the wards. I do not know where Justitia is quoting from; but any Hospital Sister or Matron would say that an eight hours' day for Hospital Nurses is "a visionary and quite impossible of fulfilment idea" so long as we have twenty-four hours in a day, and people equally ill by day and night.—Yours, etc.,

A HOSPITAL MATRON.

Replies to Correspondents.

Trained.—Certainly. Apply to the Secretary of the Royal British Nurses' Association, 8, Oxford Circus Avenue, Oxford Street, London, W.

Sister Adelaide.—We have carefully considered your letter. It appears to us that, under the circumstances, the Committee is not likely to raise the objection you suggest. If anyone does so it is easy to point out that many of the Matrons of leading Hospitals are at present, and still more, formerly, were, in the same position as yourself, and that Nurses are, and will always be, estimated rather by their own characters and careers, than by their Hospital certificates.

Miss Stormont.—Many thanks. As you say it is a very significant instance of "climbing down," and the process will be very amusing to watch.

E. M. Douglas.—Do not be satisfied with less than a complete 3 years' training, or you will find yourself, in future, very much handicapped in the profession. Order *The Nursing Directory*. (Price 5s., post free from this Office). It gives all the information as to the Hospitals which you require.

As an Article of Diet for Invalids of all ages, nothing is so light or so digestible as RIZINE, and it is easily made too. Please give it a trial. Some of the highest Nursing authorities in the Kingdom are loud in their praises of Rizine. Samples Free on application.

RIZINE WORKS, 87, BOROUGH HIGH STREET, S.E.

PRUDENTIAL ASSURANCE COMPANY, LTD.

Holborn Bars, London, E.C.

FOUNDED 1848.

Invested Funds ... £14,000,000.

"The Nursing Record" POST-CARD EXAMINATIONS.

No. 39.

A Book or Books of the value of Five Shillings will be awarded for the best answer to the following:—

"Describe the Nursing of a Case of Cholera."

Address "The Nursing Record Post-Card Competition," 376, Strand, London, W.C. All answers must reach us not later than Saturday morning, July 23rd, 1892.

(a.) The answer must be written (neatness and distinctness count to credit) in ink, on a *thick* post-card, with the full name and address of the candidate at the *top*. The successful candidate's answer will be printed in *fac-simile*.

(b.) All associated with Nursing work are accepted as candidates, but in case of a "tie" a *subscriber* will naturally have preference, and for this reason each candidate must mention at the *bottom* of the post-card "I am a subscriber," or "I obtain THE NURSING RECORD from——"

(c.) The decision of the Examiners to be final.

* Give name and address of newsagent where obtained.

[previous page](#)

[next page](#)